



5191 S Yosemite, Suite B  
Greenwood Village, CO 80111  
303.577.9977

[www.IntegrativeHealthInc.com](http://www.IntegrativeHealthInc.com)

## Injection Therapy Informed Consent

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Phone: (Cell) \_\_\_\_\_ Phone (work/home): \_\_\_\_\_

Email Address: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Your Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Gender: Male/ Female

Place of Occupation: \_\_\_\_\_

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Whenever a needle is introduced through the skin, inherent risks are present. Although the risks are small, the expected benefit from the procedure must outweigh the possible risks. Make sure that you have a thorough understanding of the expected benefit from the injection. The risks of injection depend on where the injection is made and what is being injected. If the injection is made in a large muscle, the risk of hitting vital structures is very small. Injections in the area of neurovascular bundles (where nerves, veins, and arteries travel together) have a higher risk of injury, and injections in the area of the lung organs have a higher risk of injuring them.

The risk of injections are:

1. Infection: With current standard procedure of sterile needles and antiseptic technique, this is a very small risk, but it still exists. Redness and swelling are the early signs of infection. Any redness or swelling should be reported immediately to avoid the more serious complications of sepsis (bacteria in the blood stream) or osteomyelitis (infection of the bone).
2. Puncture of the nerves, arteries or veins: This risk varies greatly on the area of injection. When acupuncture point injections are made in the body of large muscles, this risk is very small. In other areas, where these structures are larger and running together, the risk is increased. A nerve may be permanently damaged or bleeding may occur with puncture of a vein or artery.
3. Puncture of lung or vital organ: Injections in the area of the chest could puncture a lung in which the serious complication of a tension pneumothorax could occur. In this condition the lung leaks air into the lung cavity progressively compressing the heart and

lung. The person becomes short of breath, which can advance to death if untreated. Puncture of other vital organs is extremely unlikely and depends on site of injection.

4. Allergic reaction to injected substance: Allergic reactions to homeopathic substances have not been reported, and, in fact, are used to treat allergic conditions. However, the possibility still exists. An allergic reaction is usually hives, but a lung reaction could occur with severe shortness of breath, or the most serious reaction of anaphylaxis. In anaphylaxis this is the acute onset of shock, and this is a serious life threatening emergency that could result in death.

I, \_\_\_\_\_, hereby request and consent to injection therapy on my body, in order to enhance the effect of stimulating an acupuncture point. I understand that I will only be injected with substances that fall within the scope of practice of Licensed Acupuncturists in Colorado. I understand the risks involved. I do not expect my practitioner to be able to anticipate all risks and complications. By signing this form, I agree to accept all risks and release all liabilities from Kim LeBrun, LAc and Integrative Health Inc.

X \_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non payment, to bear the cost of collection, and/or court cost and reasonable legal fees, should this be required.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent B12 injections with the above understood. I hereby release the doctor, person injection the B12 and the facility from liability associated with this procedure.

X \_\_\_\_\_  
Signature

\_\_\_\_\_  
Date